

# Selecting an Early Intervention for Autism

A Worksheet for Families

## 1. My child and my family:

These are my child's strengths:

These are my child's needs:

These are my family's priorities for addressing my child's needs:

These are important family values that need to be considered:

## 2. What options are available?

For each option ask the following questions:

How many hours of intervention will my child receive per week?

Who delivers the intervention and will they work with more than one child at the same time?

What is the parent's role?

What does this intervention look like?

Will I receive support at home and in other natural settings?

Will this intervention incorporate our daily routines?

Does the intervention address the social-emotional needs of my child?

Can the intervention improve my relationship with my child?

Will the intervention encourage my child's initiative, problem-solving and thinking skills?

How is progress measured?

What is the evidence behind each intervention?

How much does it cost? What funding is available?

Will I have any out-of-pocket costs?

How soon can we begin the intervention?

Could I contact a family that is currently participating in the intervention?

### **3. Based on the answers to sections 1 and 2:**

Which intervention fits best with my child's and my family's values, preferences, learning styles and cultural beliefs?